



A Weekly Update
For The Employees of
North Central Health Care



WEEKLY CONNECTION WITH OUR TEAM



Thank You, Mothers

This Sunday is a day to celebrate mothers. First, I want to thank all the mothers that are working this Mother's Day. Like all mothers, you put your needs aside and take care of those that need it most. THANK YOU!

So, when I was writing this, I asked myself what mother means to me. A mother is the one that was there for you when you skinned your knee, she took care of you when you were feeling sick. She taught us to be kind and respectful. She taught us how to play with others and how to forgive. She was there for your first love and the first time you had your heart broken. She made your meals; she washed your clothes, she made sure you had the necessities. She was the protector. She reminded you to dress appropriately for the weather.

She spent those late nights helping you work on your homework even when you did not want to do it. She put on hundreds of miles taking you to practice, school events and basically any place you needed to go. She is that coach, the tutor, the rock that will continue to support even when you were wrong.

No matter what, she loves you unconditionaly! She puts your needs before her own. She does all of this without looking for praise or recognition.

"There is no role in life that is more essential than that of motherhood." —Elder M. Russell Ballard



There are also those who fulfill the role of a mother in many people's lives. While they don't hold the official title, they are still the Moms in our life. I also want to express my gratitude to you as well. May all the mothers have a blessed Mother's Day and remember to thank your mothers this Sunday.

ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

**Friday, May 9 –
Monday, May 15**

Jarret Nickel



Tom Boutain
Information Services Executive



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Person-Centered
Shout

out



All the Pine Crest and Mount View Nurses & CNA's

Why: I'd like to recognize them for perfect attendance 2 months in a row at CNA/Nurse competencies! Over 50 people have attended in just three sessions!

Submitted By: **Cagney Martin**



Happy National Nurses Week to All of Our NCHC Nursing Staff!

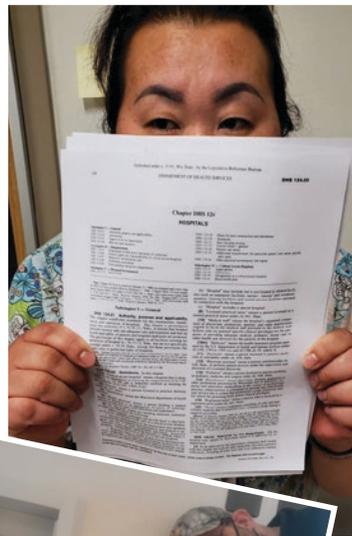
North Central Health Care would like to recognize the essential role that our talented nurses play in providing quality healthcare to patients, residents, and their families every day within our facilities each and every day. They are at the heart of almost everything we do at North Central Health Care and we are so proud and thankful for EVERYTHING they do, day in and day out.

Thank you NCHC Nurses!

LEARNING & DEVELOPMENT FUN

A Scavenger Hunt for the New Adult Behavioral Health Hospital Staff

Training and learning is not about sitting down, reading and memorizing manuals. Its about experiencing and remembering so you are prepared for the future when you are called upon to act! Cagney Martin in Learning & Development wanted to share a fun thing the new Adult Behavioral Health Hospital team is doing to familiarize the staff with the new area. L&D put together a Scavenger Hunt. The activity is fun for everyone and the staff had a really fun time completing it, actively working together to find all the items. Check out the pics the team took while looking for their treasures! Can you tell what safety items they were looking for in each photo?





Creating and Nurturing

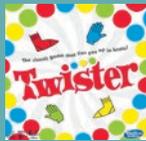


NATIONAL NURSING CARE WEEK • MAY 8-14

DRESS UP DAYS



MONDAY, MAY 9TH "Connect to our organization"
Show off your NCHC pride and wear your NCHC Gear!



TUESDAY, MAY 10TH "Connect to our departments"
Dress in Twister colors (red, blue, yellow or green)



WEDNESDAY, MAY 11TH "Connect through fun & games"
Domino themed day! Dress in black and white or domino pieces.



THURSDAY, MAY 12 "One connection makes another, and another..."
Pick any letter to place on your shirt. Look for connections and make words throughout the day!



FRIDAY, MAY 13TH "Bringing us together thru Sports"
Dress like a sports star or athlete.

"Connecting to another is one of the most important things in the world and you can keep expanding that connection - one person, a family, a community, a country, a society, a culture." - Eric Fischl



PHOTOS OF THE WEEK: RETIREMENT CELEBRATIONS!

Best Wishes In Your Retirement!



CONGRATULATIONS ON YOUR RETIREMENT SUE THOMPSON
15 Years of Service

Sue retired after 15 years with Pine Crest Nursing home. Sue has been one of our night shift angels during that time. Sue had great attendance, was always positive and did a fantastic job on our special care unit. We are sad to see her go but wish her many happy years in retirement!



CONGRATULATIONS ON YOUR RETIREMENT KATHY FREUND
10 Years of Service

Kathy retired after being a part of NCHC for 10 years. Of recent year she has been with Pine Crest mostly on the noc shift as one of our "night shift angels". Kathy also was a valuable asset to other shifts as not only her years of experience but she was quite flexible in addition to often taking on additional shifts. We appreciate Kathy's years of service and the recent time she shared with us here at Pine Crest. We wish her well on her retirement!



CONGRATULATIONS ON YOUR RETIREMENT SARA SEDO
23 Years of Service

Sara Sedo celebrated her retirement from Pine Crest. We wish Sara all the best and we thank her for 23 years of service.

Baby News!



Congratulate Tyler & Nikki Mathews on the birth of their beautiful **BABY GIRL!**
Izabel Elina Mathews
Born at 2:55am on 4/27/2022
10 lb. 9 oz. and 22.5"

Tyler is a Dietician at Pine Crest!





COLLECTING NEW SOCKS

of all shapes and sizes!

NCHC COLLECTION SITES

WAUSAU CAMPUS

Mount View Care Center Lobby
Staff Caffeteria
Outpatient Lobby (Door 13)

MERRILL

Pine Crest Staff Entrance
Merrill Center Lobby

ANTIGO

Antigo Center Lobby

Socks, especially for kids, are an often overlooked item when it comes to clothing drives and collections. Schools all over Marathon, Lincoln & Langlade Counties have reported socks to be an ongoing request for students, especially when going back to school in the fall. That's why NCHC has partnered with the United Way to host a socks drive for schools. Consider donating new socks of all shapes and sizes to help the youth in our communities.

FOR MORE INFORMATION VISIT
UnitedWayMC.org/socks-for-schools-clothing-drive





COMMUNITY TREATMENT/OUTPATIENT SPOTLIGHT AWARD FOR APRIL 2022



Danielle Ojala

Danielle Ojala was selected for the April Spotlight Award recipient in Community Treatment/Outpatient.

"Danielle demonstrates NCHC's Core Values daily with every person she encounters. Danielle has demonstrated dignity when working with a female consumer who needed assistance with her socks and pants during a doctor's visit due to recent hip surgery. She helped her and the consumer was relieved and happy that she was able to assist her."

"Danielle also has built a great partnership within her team; she helps out whenever she can. She also has built relationships within the community. One recent example of her partnership, a consumer who has been homeless for several months, who has been burned bridges with many of the hotels in the community, is working with a landlord that she has built a relationship with to find him housing. Often times this consumer needs redirection often, she maintains her composure and explains reasoning, logic, and encourages him to focus on himself to get his immediate needs met."

"Danielle continues to improve within her role, she reaches out to her team with questions or advise with situations that are new to her. She is always helpful to others who need support or advice with situations as well. Danielle's personality is contagious, anyone that has met or interacted with her knows she is good human, she is always doing her best in the job for her consumers with a smile on her face and a friendly conversation. She is a joy to have on the team!"



OPEN COMPUTER LAB FOR WAUSAU CAMPUS STAFF

Located in Learning & Development Office

The former staff computer lab that was once located in near the 1st Floor Dining Room in Mount View, has moved inside the Learning & Development office. This office is located in the Link Hallway overlooking the Courtyard. The computer is behind the desk area upon entering. The office doors are open 6a-6p in this Suite.

INTERESTED IN JOINING THE NCHC UNITED WAY COMMITTEE?



The United Way Committee consists of representatives from across NCHC working collaboratively to educate staff on the role of United Way in our communities. The United Way Committee serves as a fundraising group to support and maintain United Way initiatives and foster relationships and support for partner programs and services offered by the United Way that may assist in aiding our clientele, fellow staff and community members.

**IF YOU'D LIKE ADDITIONAL INFORMATION,
OR WOULD LIKE TO JOIN THE NCHC UNITED WAY COMMITTEE
CONTACT ALEX AT aeichten@norcen.org**



Employee Health & Wellness Center

1100 Lake View Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Updated Hours:

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 9:30 am - 6:00 pm

Remember to Use Our Outside Entrance When Accessing the Employee Health & Wellness Center!





HARD HAT UPDATE

ACCESS TO MARATHON COUNTY HEALTH DEPT AND EMPLOYEE HEALTH & WELLNESS CENTER ON WAUSAU CAMPUS

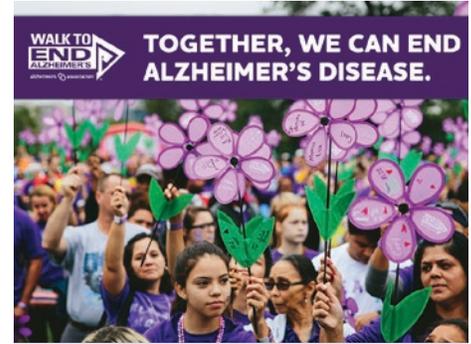
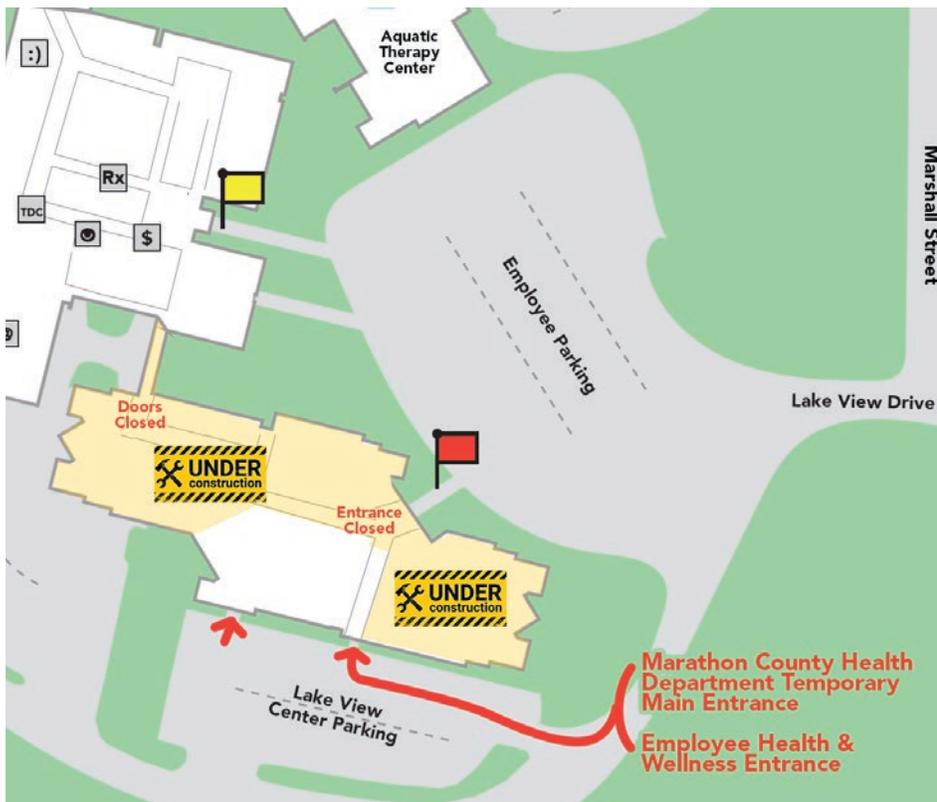
Changes to Take Effect Monday, May 9, 2022



Construction is set to take off at the Lake View Building on the Wausau Campus. This is the building that is home to Marathon County Health Department (MCHD), Employee Health & Wellness Center. NCHC programs have completely vacated this building on the South side of Campus. Typically, staff and visitors are able to access these locations using our hallways to the South of Administration.

Beginning Monday, May 9th Door 19 (main entrance the MCHD at Red Flag) will be closed and considered a construction entrance only. Employees and visitors accessing these areas will need to use exterior Door 22 for MCHD or exterior Door 25 for the Employee Health & Wellness Center. There will no longer be interior access in the building to these locations and you must use the exterior parking lot entrances.

Please refer to the map below for guidance in assisting those who may need to visit our partners. If you have any questions, please email communications@norcen.org.



INTERESTED IN HELPING ORGANIZE THE NCHC ALZHEIMER'S WALK TEAM?

Are you interested in joining the NCHC ALZ Team to help organize efforts for the 2022 Walk to End Alzheimer's? Employees from all 3 counties will work together to support our NCHC ALZ Team efforts. This is just a form to express your interest. You will receive information about our team efforts, meetings, maybe help plan some fundraisers or activities. This is not a sign up for formal committee. You can participate in the Walk this September, without being a member of the planning team (but hey, this is a lot of fun, so sign up!)

Typically a group of employees lead the volunteer efforts at NCHC to support the local ALZ Walk to End Alzheimer's. If you are interested, want more information, or want to be a group leader, fill out the form at the link below and we will be in contact with you!

Thanks for your interest and for helping to End Alzheimer's!

Join the Planning NCHC Team!

<https://forms.gle/DJfGMZ1hS9Tp593X7>



Join the NCHC Purple Passion Walk Team Online!

<http://act.alz.org/goto/NCHCPurplePassion>



SAFETYZONE SCHEDULED DOWNTIME

May 11 at 10 pm

On Wednesday, May 11th, from 10:00 PM CST until 11:00 PM CST, the Healthcare SafetyZone system will be unavailable due to server maintenance. Please complete any occurrence reports outside of this scheduled downtime.




**100%
GRADE-A PRIME
WISCO**

Join NCHC at a Fundraiser to Support



Opening the Door to Hope, Recovery & Opportunity
for People with Mental Illness

Where: Milwaukee Burger, 2200 Stewart Ave., Wausau
When: Monday, May 16, 4 – 9pm

**10% of All Sales
Donated to Community Corner Clubhouse**

MKE BURGER CO

 **Share our Facebook Event!**
<https://fb.me/e/1LeiOnCPe>



**“You Are Enough”
An Inspirational Art Show**

THE MOVING EXPERIENCE

View Last Years Event  **May 19th 4pm-8pm
May 20th 4pm-8pm
May 21st 9am-8pm**

FEATURING ARTISTS:
Melissa Airy
Olivia Majernik
Stacey Bukhart
Johanna Gregory
Ginny Brooks
Ania Maties
Hailey Johnson
Stephanie Kohli
Stefanie Sladky

Using artwork to heal our community and connect one another. Viewers will be inspired through visuals, music, uplifting interaction, and presentations. Topics Include: Stress, Addiction, Poverty, Suicide, Abuse

Thrive Church, 400 Grand Ave, Wausau WI.
themovingexperiencewausau@gmail.com

An Inspirational Art Show
The Moving Experience
Saturday, May 21st 9am-8pm

Musicians & Speakers

- 10 am:** Solo acoustic/vocal; RORI KNOBLOCK.
- 10:15 am:** Three questions that can save a life; DEBI TRAEDEK, Chair of the Prevent Suicide Marathon County.
- 12 noon:** Acoustic Collective; LAUREN HARROD-WAMPLFER & MARK WAMPLFER, Acoustic pop/rock.
- 12:15 pm:** The Power of 1; PS YAHO YANG, Executive Director, The Gospel TLC.
- 2 pm:** The Benefit of Sound; MATT BOLLENBAUGH, PARDON KANDA & RAEVYNN HOLLMANN. Folk Trio, Guitar, Violin, Vocals and African drum
- 2:15pm:** Beauty from Ashes; JESSICA BRETEL, Executive Director, The Hogar House.
- 4pm:** Viola duets; ROCHELLE PEARSON & RANDALL COLTON,
- 4:15pm:** Transformation- moving from victim to survivor to thriver; Recovering from the trauma of abuse. JANE GRAHAM JENNINGS, Executive Director, The Women's Community.
- 6pm:** Acoustic Collective; LAUREN HARROD-WAMPLFER & MARK WAMPLFER - Acoustic pop/rock.
- 6:15pm:** Mystery of Addiction; CRAIG VINCENT, Executive Director, Bridge street Mission.

Thrive Church, 400 Grand Ave, Wausau WI.
themovingexperiencewausau@gmail.com

HELP FOR THE HOMELESS DRIVE
Thank You For Your Support

Thank you for helping! The Family Radio's 2022 "Help for the Homeless" hygiene drive topped \$527,000 worth of donations this spring. The most ever! Thanks to generous friends who hosted collection boxes at 765 businesses, churches, government offices and schools, 96 crisis programs in 19 communities have received nearly a year's worth of supplies! These donations make it possible for local crisis programs to direct their limited funds to where they are needed most – staffing, programs, education, counseling, shelter and food for those they serve. All donations remain in the community where they are collected. More information at TheFamily.net. Thank you again!



TALK WITH A RETIREMENT ADVISOR ABOUT THE WDC PROGRAM!



REGISTER HERE!

https://nc_wisconsin.timetap.com/#/

WISCONSIN DEFERRED COMPENSATION PROGRAM

JOIN THE CONVERSATION!

Meeting with your WDC Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meeting dates and times can be found online.

INDIVIDUAL RETIREMENT READINESS SESSIONS

with Shawn Bresnahan

- Tuesday, May 17th | Wausau, Badger Room | 10am-2pm
- Thursday, June 2nd | Wausau, Badger Room | 10am-2pm
- Thursday, July 7th | Antigo, Conference Room | 9am-11am
- Thursday, July 7th | Wausau, Badger Room | 1-4pm
- *Thursday, Aug. 4th | Pine Crest, Admin Conference Rm | 9-11am
- *Thursday, Aug. 4th | Wausau, Conference Room | 1-4pm
- Thursday, Sept. 1st | Wausau, Badger Room | 10am-2pm
- *Thursday, Oct. 6th Antigo | Conference Room | 9am-11am
- *Thursday, Oct. 6th Wausau | Badger Room | 1-4pm
- *Thursday, Nov. 3rd Wausau | Badger Room | 9am-11am
- *Thursday, Nov. 3rd Pine Crest | Admin Conference Rm | 1-2:30pm
- *Thursday, Dec. 1st Wausau | Badger Room | 10am-2pm
- *registration available 90 days before session date

BRING TO YOUR ONE-ON-ONE MEETING:

- ✓ WRS statement
- ✓ Social Security statement
- ✓ Other retirement account info
- ✓ Current paycheck stub (if applicable)
- ✓ WDC login information (if known)



Helping You Turn Over a New Retirement Leaf

Web Resources Available to Help Employees Review the Wisconsin Retirement System (WRS) Statement of Benefits

NCHC Wisconsin Retirement System (WRS) Employee Statements Recently Mailed to Homes

ETF's online resources are available to assist members in reviewing their Wisconsin Retirement System Annual Statement of Benefits, which are being distributed in April.

The statement is a summary of a member's WRS pension account, including year-end balances, beneficiary designations and other important account information as of December 31, 2021. Statements were recently mailed to homes.

Be sure to carefully review your statement. Do you have any questions? This is also a good time to assess your financial plan. How can you grow your retirement income?

In the Statement of Benefits (www.etf.wi.gov/members/statement) section of the website, you'll find

easy-to-use resources:

- Interactive sample statements provide explanations of content and links to other information
- Frequently asked questions on how to update your name or address, change your beneficiary(ies), calculate a benefit, make additional contributions and more
- Quick links to forms, online calculators and related webinars

Need Assistance?

- Active employees (currently working for a WRS employer): If you believe your statement is incorrect, contact your employer's payroll office.

- Inactive employees (no longer working for a WRS employer) and alternate payees: If you believe your statement is incorrect or have questions, contact us.
- Register for the webinar, Understanding Your Annual WRS Statement of Benefits

Account Contact Information

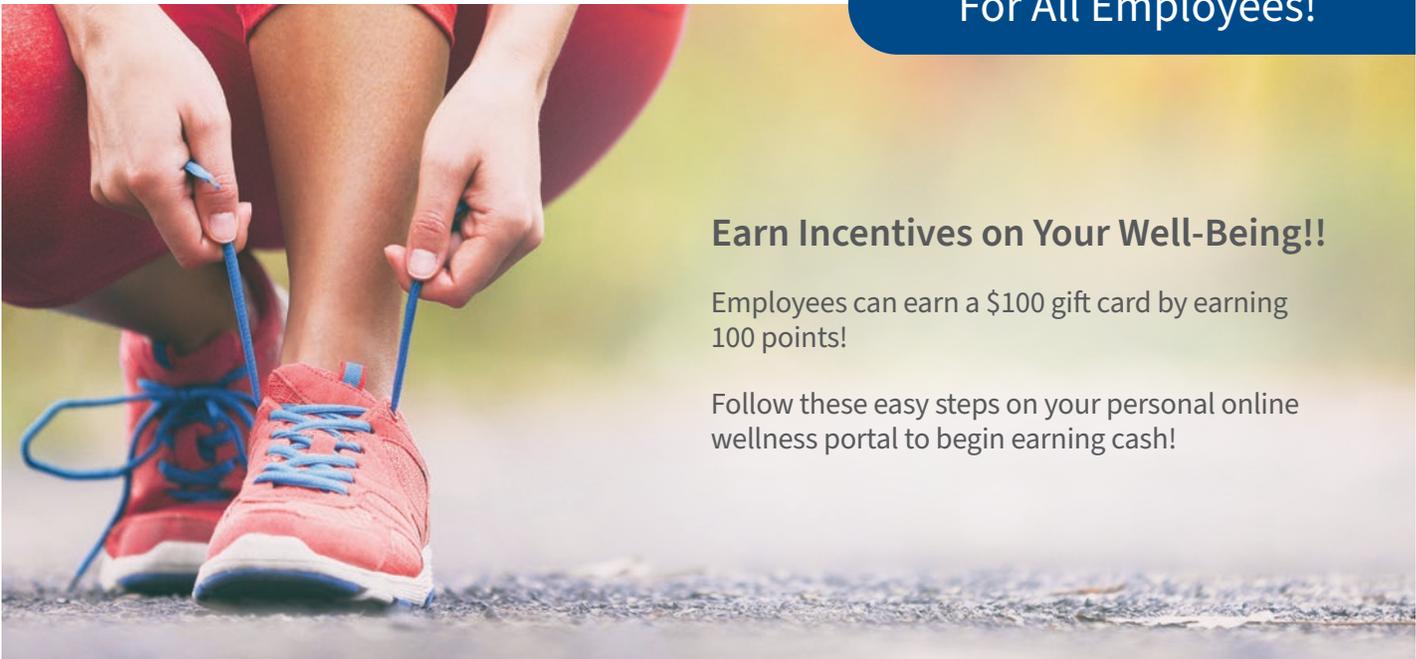
Please keep your contact information (name and mailing address) current to ensure you continue to receive important communications from ETF.



North Central Health Care

Well-Being Program 2022

For All Employees!



Earn Incentives on Your Well-Being!!

Employees can earn a \$100 gift card by earning 100 points!

Follow these easy steps on your personal online wellness portal to begin earning cash!

Step 1

Log into your personal wellness portal. If you have already created an account in 2021, you will not need to register again. For those that have not registered in the wellness portal, please follow the steps shown on page 2.

Step 2

Earn 100 points by November 30th, 2022, by completing a variety of the activities shown on page 2.

REGISTRATION STEPS ON NEXT PAGE



North Central Health Care
Person centered. Outcome focused.



How to Register for The Aspirus Well-Being Portal

Aspirus Business Health-Wellness is excited to partner with North Central Health Care to provide you with access to a wellness resource, www.managewell.com. This website features valuable health programs and tools as well as a central location for storing and tracking your wellness efforts.

To participate in the wellness program, go to the website www.managewell.com or download the Managewell 2.0 App and follow the instructions below to register:

1. Click “Sign up”.
2. Enter your “Unique ID.” This Unique ID is the first few letters of your company, “NCHC”, followed by your employee ID number. An Example is: NCHC123456.
3. Enter your date of birth and select “Continue”.
4. Confirm your name.
5. Read through and accept “Terms”.
6. Enter a unique and valid email address and password. Remember these for the next time you log in to the website.
7. Select “Continue” and it will take you to your Home/Dashboard page.

Activity	Points
Biometrics and Health Assessment (both must be completed to earn points)	30
Preventative Visit with Primary Care Provider	20
Preventative Visit at Onsite Clinic Bonus Points	15
Health Coaching (includes Care Management) (can earn up to 2 times)	15
Mental Health Visit	15
COVID-19 Booster	15
COVID-19 Initial Vaccine	10
Wellness Challenges	10
Health Pursuit Online Activity	10
Onsite Clinic Activities (Blood Pressure Monitoring, Diabetes Management, Skin Cancer Screening, Non-preventative Health Visit)	10
NCHC Sponsored Events (events added throughout the year)	5 - 20
Flu shot	5
Mini-Challenges	5
Monthly Online Educational Activities	5
Dental Exam	5
Eye Exam	5
Online Tracker for Physical Activity (points per week)	5
Online 5-A-Day Fruit & Veggie Nutrition Tracker (points per week)	5

More information can be found on the Aspirus Well-Being Portal at www.managewell.com

Contact Aspirus Business Health-Wellness if you have any questions or need help.
844.309.1269 | wellness@aspirus.org



NORTH CENTRAL HEALTH CARE – BIOMETRIC SCREENING

WHERE

PINE CREST CLASSROOM

**MERRILL CENTER STAFF
PLEASE GO TO PINE CREST CLASSROOM**

HOW TO SCHEDULE

STEP 1-REGISTER

Register for the Aspirus Well-Being portal at www.managewell.com to begin the program.

Step 2- Sign up

Schedule an appointment in the portal or call 715-847-0439



DATES

**6:30 – 9:30 am
May 12th**

Merrill (TBD)

Log into your well-being portal for more details.

INFORMATION

Please do not eat or drink for 8-10 hours before your scheduled appointment - water is encouraged. Please take any medications as prescribed. Make sure to drink plenty of water because staying hydrated will make for an easier lab draw.

*Watch for more details and information from North Central Health Care



Here's how it works...

Step 1: Tell Us About Your Recruit

Text "Refer" to 715.598.3663

Email HResources@norcen.org

Complete Referral Form in Human Resources

Step 2: Meet Required Criteria

You and your recruit must be in good standing throughout this period and have no written warnings for attendance or other performance.

Step 3: Get Paid!

When your recruit joins the NCHC Team, and you both have met the referral requirements YOU will earn the following:

\$250 After 90 days | Employees below .5FTE status

\$500 After 90 days | Employees .5FTE status or above

We value your referrals and know that together we can strengthen our North Central Health Care team. That's why earning some extra cash for your employee referrals has never been simpler. So text that friend, and get the ball rolling.

REFER A FRIEND TO AN OPEN INTERVIEW FOR A CHANCE TO EARN SOME REFERRAL CASH!

Visit Our Website at norcen.org/Careers for the latest Job Opportunities!

SHARE NCHC JOB POSTINGS ON SOCIAL MEDIA!



Residential Services Open Interview Series

JOIN OUR TEAM!



NOW HIRING!

RESIDENTIAL CARE ASSISTANTS (RCA's)

- ✓ \$14-16 STARTING
- ✓ FULL BENEFITS
- ✓ PART/FULL TIME
- ✓ AM/PM SHIFTS

WALK INS WELCOME!

OPEN INTERVIEWS

Interested in joining our team or learning more? Swing by any of the open interview sessions listed below for an on-the-spot interview and tour. **Lunch Provided!**

TUESDAY, MAY 17, 10AM - 3PM

1408 Bissell Street
9205 Andrea Street
5006 Chadwick Avenue
5010 Heather Street

TUESDAY, JUNE 21, 10AM - 3PM

1408 Bissell Street
9205 Andrea Street
5006 Chadwick Avenue
5010 Heather Street

WHAT IS A COMMUNITY BASED RESIDENTIAL FACILITY (CBRF)?

North Central Health Care operates several Community Based Residential Facilities, which are congregate living settings serving developmentally disabled individuals who are ambulatory, semi-ambulatory or non-ambulatory, but may not be capable of exiting the property without assistance., licensed by the State of Wisconsin. Our CBRF locations include:



BISSELL STREET
1408 Bissell St,
Wausau



CHADWICK STREET
5006 Chadwick Ave,
Schofield



ANDREA STREET
9205 Andrea St,
Weston



HEATHER STREET
5010 Heather St,
Schofield

REGISTER ONLINE AT NORCEN.ORG/OPEN-INTERVIEWS

Open Interviews for ALL OPEN POSITIONS

WAUSAU MAIN CAMPUS

2400 Marshall Street, Suite A

WEDNESDAY, MAY 18, 10AM - 3PM

WEDNESDAY, JUNE 22, 10AM - 3PM



NPW MAY 8-14 2022

national prevention week

National Prevention Week (NPW) focuses on bringing together communities and organizations to raise awareness about the importance of substance use prevention and mental health.

Register Now for SAMHSA's National Prevention Day on May 9th to help us Kickoff the week!

What Prevention work is happening in our own community?

- Prescription Drug Drop Boxes are located throughout Marathon County to help prevent prescription drug misuse.
- City of Wausau passed a sober server policy to help prevent overserving of alcohol.
- City of Wausau passed a smoke free policy at local parks to prevent second hand smoke exposure and promote positive modeling for youth.
- Marathon County schools continue to offer educational events to increase awareness and promote health.

Follow us on Facebook to learn more about efforts related to substance use prevention and mental health during National Prevention Week.



Free Opioid & Narcan Training

Opioid use is a serious problem in every community. Register for this FREE training to learn more about opioids and how to use NARCAN to save a life.

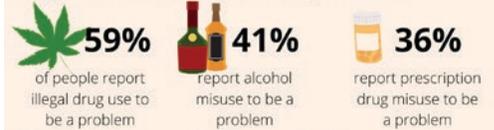
Register Now!

<https://bit.ly/ONTraining2022>

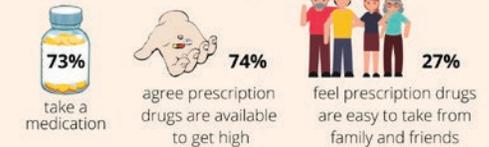
What do you think is a serious problem in Marathon County?

The medication survey asked people living in Marathon county their thoughts on prescription medication and illegal drug use, misuse, how they dispose of medications.

Do you think these are serious problems?



Do you think prescription medication misuse happens in our community?



What do you do with prescription meds?



This survey was made possible by:



More info available on the Marathon County Pulse website.



Interested in receiving the Biweekly newsletter from Northwoods Coalition?

Sign up at <https://bit.ly/AODAPartnership>



EVENT

2022 Northern Substance Abuse Conference

FRIDAY, JUNE 17, 2022 8:00AM - 3:30PM

Northcentral Technical College, E101 - Main Entrance · 1000 W Campus Dr, Wausau, WI 54401

TRAUMA RESPONSIVE CARE IN DAILY PRACTICE FOR SUD

Learning Objectives:

- Participants will understand the vulnerability created by trauma and SUD.
- Participants will understand the limitations of traditional talk therapy.
- Participants will understand how addiction and trauma affect the brain.
- Participants will develop strategies to help clients recognize dysregulation of the brain/body connection and how dysregulation increases risk of relapse.
- Participants will experience simple activities to be used when working with trauma and SUD clients to promote healing.

Register Now!

<https://bit.ly/NSAC22>

Registration Fee \$100
Lunch included, 6 CEUs



In the **NEW Mount View Building**
WAUSAU CAMPUS CAFÉ
Grab-N-Go



Monday – Friday
 9 am – 5:30 pm
Weekends:
 Grab-N-Go Only,
 No Hot Food



Breakfast 9:00 am

Lunch 11 am – 1:30 pm
 Hot Food Bar \$.45/ounce (Weekdays Only)

9 am – 5:30 pm

Grab 'n Go Sandwiches, Soups & Salads, Juice, Water, Snacks (7 Days A Week)

What's For Lunch?

MAY 9 - 13, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>main course</i> Chinese Pork Chop Chow Mein Noodles Oriental Mixed Veggies	Boneless Ribette Broccoli AuGratin Potatoes	Country Fried Steak Mixed Veggies Baked Potato	BBQ Beef on Bun Baked Beans Creamy Cucumber Salad	Beef Tips with Peppers and Onions Seasoned Carrots Egg noodles
<i>dessert</i> Pineapple Cookie	Cherry Delight	Apple Crisp	Watermelon Salad	Chilled Pears
<i>soup of the day</i> Cream of Potato Soup	Butternut Squash Soup	Texas Tomato Soup	Minestrone Soup	Savory Chicken Noodle Soup

NEW! THE WAUSAU CAMPUS CAFE WILL NOW BE OPEN ON WEEKENDS. THERE WILL ONLY BE GRAB AND GO ITEMS AVAILABLE, NO HOT FOOD.



THE BISTRO

MONDAY - FRIDAY | 7:30AM - 3PM
HOT FOOD AVAILABLE UNTIL 2:30PM

PANINI OF THE WEEK



CUBAN \$5

ROAST PORK | HAM | SWISS | PICKLE | MUSTARD-MAYO SAUCE

PANINI FORECAST

5.16 | JALAPENO POPPER PANINI

CREAM CHEESE STUFFED JALAPENOS | BACON | CHEDDAR

5.16 | NACHO BEEF QUESADILLA

NACHO GROUND BEEF | 3 CHEESE | SALSA | SOUR CREAM

5.23 | BISTRO CLUB PANINI

TURKEY | HAM | BACON | SWISS | TOMATOES | MAYO

5.30 | CHICKEN BACON RANCH PANINI

GRILLED CHICKEN | BACON | PROVOLONE | RANCH | SPINACH

****PANINI COMBO \$5.00****

1/2 PANINI (NO WRAPS) | CHIPS | WATER

LATTE OF THE DAY



MON. 5.9 Salted Caramel Mocha

TUES. 5.10 White Choco Raspberry

WED. 5.11 Vanilla Chai

THUR. 5.12 Mint Mocha

FRI. 5.13 Sweet Irish Cream

**KICK START YOUR WEEK WITH
\$1 LATTES EVERY MONDAY!**

CASH, CREDIT OR QUICKCHARGE PAYMENTS ACCEPTED | ALL SALES SUBJECT TO SALES TAX



NCHC Covid-19 Weekly Status Report | May 5, 2022



Wear a Mask – Maintain Social Distance – Wash Your Hands – Stay Home If You Are Sick.

Report Symptoms and Covid-19 Exposures to Your Manager Immediately.

Managers report in SafetyZone ASAP.

Staff will **continue to screen**, report symptoms and **not report to work if experiencing any signs of illness**. Staff are required to use PLT or take unpaid leave due to symptoms or exposure. **Questions: Employee Health 715.848.4396**

GENERAL PPE GUIDELINES

The General PPE Guidelines below are in place at all times, regardless of the Alert Level to right.

You must follow BOTH General and Alert Level Guidelines to right for the County you work in.

Employees: Self-screening required using temperature kiosks procedures. If Alert Level requires masks, staff may remove masks while working alone in private offices.

Visitors: Cloth face covering or surgical masks required by all in Nursing Homes and Adult/Youth Inpatient Hospitals. Visitors to Nursing Homes & Adult/Youth Inpatient Hospitals will be screened using the COVID Screener. All other visitors will require temperature check only.

Employees Working in Direct Patient/Resident Care: Each patient/resident care area will be designated as being in Standard or Covid-19 Confirmed/Suspected Precautions. Units/Patients on Covid-19 Confirmed/Suspected Precautions must have it clearly posted on the entrance to the unit or patient room.

o **Standard Precautions** – Surgical Mask and Gloves required. Eye Protection (face shield, goggles or safety glasses) required during applicable isolation precautions.

o **Covid-19 Confirmed/Suspected Precautions** – N95 Mask, Eye Protection (Face shield, goggles or safety glasses), Gloves and Gown during patient encounters required.

CURRENT NCHC ALERT LEVEL RESPONSE BY COUNTY

MARATHON: HIGH

LINCOLN: HIGH

LANGLADE: HIGH

REQUIRED PPE GUIDELINES:

- All NCHC programs required to wear masks at all times in all areas including hallways, waiting rooms and meetings. This includes staff, patients & visitors.
- **Employees:** Face coverings required while entering the building. Self-screening required using temperature kiosks procedures. Surgical masks at a minimum required while within all NCHC buildings. Staff may remove masks while working alone in private offices. Shared offices require masks.
- **Patient Care Encounters:** Eye Protection (face shields or goggles) to be worn with patient care encounters.
- **Visitors:** Cloth face covering or surgical masks required. Visitors to Nursing Homes and Adult/Youth Inpatient Hospitals will be screened using the COVID Screener. All other visitors will only require temperature check.

GENERAL:

- Clinical Areas restricted to only necessary personnel.
- Limit movement to and between clinical areas within facilities.
- No Staff flexing to alternate units if possible.

STAFF MEETINGS/BREAKS:

- No in-person staff meetings unless approved by Incident Command. Use virtual meeting options only.
- Employee potlucks restricted.
- Social distancing required in Employee Cafeteria/break areas (2 per table only). Masks must remain in place when not eating or drinking.

PROGRAM-SPECIFIC OPERATIONAL CHANGES

Information below denotes only Covid-19 Confirmed cases. Some units/patient rooms may be on Covid-19 Suspected and use same precautions until negative test results are returned.

- **Mount View:** In-Person Visiting Hours M-F: 7am – 7pm, Weekends/Holiday: 10 am – 6 pm
 - o No Positive Residents on Units.
 - o Positive Cases reported with Staff on Floor 2, Floor 3, Gardenside and Housekeeping in last week. Additional PPE and Testing required by staff.
 - o Visitors allowed in all NH units, must follow ALL precautions in place.
- **Pine Crest:** In-Person Visiting Hours: M-F: 9am – 6 pm, Weekends: 9am – 3pm.
 - o No Positive Residents on Units.
 - o Positive employee case reported on 100/300 units in last week. Additional PPE and Testing required by staff.
 - o Visitors allowed in all NH units, must follow ALL precautions in place.
- **Residential Services:**
 - o **Covid-19 Confirmed Precautions** Positive Resident at Andrea Street. Additional PPE and Testing required by staff.

Note: Lakeside Recovery/MMT: Temporarily closed. No Admissions.

Please contact your Manager for specific operational questions for your areas. Managers will use the full Alert Level Policy for all guidance.

Program Hours and Operations Online: www.norcen.org/Covid-19